DOMESTIC VIOLENCE RED FLAGS:

The following is a list of warning signs for potentially abusive relationships. They are presented as guidelines or cues to pay attention to, not as judgments on the worth of the other person.

• Jealousy
• Controlling behavior
• Quick involvement with very intense courtship
• Unrealistic expectations
• Isolation from your family and friends
• Blames others for all his/her problems
• Blames others for his/her feelings
• Hypersensitivity
• Cruelty to animals or children
• "Playful" use of force during sex that makes you feel uncomfortable
• Violating sexual boundaries, e.g. having non-consensual sex with you while you’re sleeping
• Unwillingness to listen to or respect your boundaries
• Verbal abuse
• Rigid sex roles
• Jekyll and Hyde personality
• Past history of battering
• Threats of violence
• Breaking, striking objects and/or throwing things
• Any force/intimidation during an argument ex: "You will do as I say" or "You will listen to me"...
• Making you feel that no one else will ever love you
• Threatening to expose personal pictures/videos
• “If you love me, you’ll...”
• Gifts and “honeymoon periods” to make up for episodes of violence.
• Threats to end his/her life if you end the relationship