

DOMESTIC VIOLENCE RED FLAGS:

The following is a list of warning signs for potentially abusive relationships. They are presented as guidelines or cues to pay attention to, not as judgments on the worth of the other person.

- Jealousy
- Controlling behavior
- Quick involvement with very intense courtship
- Unrealistic expectations
- Isolation from your family and friends
- Blames others for all his/her problems
- Blames others for his/her feelings
- Hypersensitivity
- Cruelty to animals or children
- "Playful" use of force during sex that makes you feel uncomfortable
- Violating sexual boundaries, e.g. having non-consensual sex with you while you're sleeping
- Unwillingness to listen to or respect your boundaries
- Verbal abuse
- Rigid sex roles
- Jekyll and Hyde personality
- Past history of battering
- Threats of violence
- Breaking, striking objects and/or throwing things
- Any force/intimidation during an argument ex: "You will do as I say" or "You will listen to me"...
- Making you feel that no one else will ever love you
- Threatening to expose personal pictures/videos
- "If you love me, you'll..."
- Gifts and "honeymoon periods" to make up for episodes of violence.
- Threats to end his/her life if you end the relationship